

Founded in 1954

AMERICAN COLLEGE of SPORTS MEDICINE

Mission Statement: The American College of Sports Medicine advances and integrates scientific research to provide educational and practical applications of exercise science and sports medicine.

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James R. Whitfield
Executive Vice President
ACSM National Office
Indianapolis, Indiana

Advanced Train Physician Course
December 2-5, 2009
Provo, Utah

ACSM Train Physician Course, Part I
February 26-28, 2010
Las Vegas, Nevada

ACSM x 14th Health & Fitness Summit & Exposition
April 6-10, 2010
Austin, Texas

ACSM x 58th Annual Meeting and World Congress on Exercise & Health
June 2-5, 2010
Baltimore, Maryland

ACSM Roundtable

Athletes in the Arts

October 2-3, 2009, New Orleans, Louisiana

Hosted By: American College of Sports Medicine (ACSM)
Center for Music Arts Entrepreneurship, Loyola
University (New Orleans).

Schedule and Agenda

Friday October 2:

Arrive by 5 pm, Check in Hampton Inn, 3636 St. Charles Ave, New Orleans

Dinner, 7 pm, Cannon's, St. Charles Street (walkable from the hotel)

- Welcome and Overview (*John Snyder, Loyola University*)
- Goals for Saturday (*Jim Whitehead, ACSM*)
- Organization introductions / specific issues, concerns (*Each organization*)
- Name: Is "Athletes in the Arts" the appropriate name for a national collaborative initiative? (*All*)

Evening entertainment (optional)

Saturday October 3:

7:30-8:15 am Continental Breakfast Hampton Inn – CHECK OUT OF HOTEL

8:15 am Depart for Loyola University (trolley, walk or drive) Bring luggage

9:00 am - 4:30 pm Meeting, Loyola University (New Orleans)



Street Address: 1401 W. Michigan St.
Indianapolis, IN 46202-3233 USA

Mailing Address: P.O. Box 1440
Indianapolis, Indiana 46205-1440 USA

Telephone: (317) 634-9200
FAX: (317) 634-7817
Web Site: www.acsm.org
Federal I.D. Number: 23-6930252

- 9:00- 10:30 – Big Picture

Landscape – *John Snyder, Loyola University*

Target Audiences – *Randy Dick, ACSM*

Indigent and needy professionals

Youth and those in training

Teachers

Parents

Performing Arts Categories– Singers,
musicians, ballet, dancers, Cirque de Soleil
type, actors

Concept and Goals – *Randy Dick, ACSM*

Injury Prevention

Performance Enhancement

General Wellness

Health insurance

Other

Organizational Design - *Jim Whitehead, ACSM*

Certification

Coalition

Education

Funding / Resources

Guidelines

Policy

Research

Standards

Web Site

- 10:30 – 10:45 Break
- 10:45 – 11:45 Prioritization of Health Issues
- *Adrian Hutber, Randy Dick, ACSM*
- 11:45 – 12:30 Lunch (Loyola University Cafeteria)

- 12:30- 3:30 Detail of Plan and Implementation – *Jim Whitehead, ACSM*
(*Matching topic priorities with implementation and audiences, discuss funding and other resources, e.g. arts foundations, individual benefactors, companies supporting the arts, post-performance fundraisers*)
- 3:30 – 4:00 Next steps (who, what, how) - *Jim Whitehead, ACSM*
- 400-4:30 Wrap-up – *John Snyder, Loyola Univ, Randy Dick, ACSM*

Depart Saturday evening from Loyola University for airport.

Call in number: Dial In: **(877) 810-9415**
Passcode: **2086862 (#)**

All events and the meeting are business casual

Organizations:

National Hearing Conservation Association - Represented by Kris Chesky -
Researcher, University of North Texas

Performing Arts Medical Association (PAMA) - Represented by Kris
Chesky - researcher, University of North Texas, possible telephone
representation by other PAMA members.

MusiCares – Represented by Reid Wick, possible telephone representation
by Debbie Carroll - Executive Director

Grammy Foundation - Represented by David Sears - Senior Director of
The Grammy Foundation and Reid Wick.

American College of Sports Medicine (ACSM) - Represented by Jim
Whitehead - Executive Director, Randy Dick- Board of Trustees, Adrian
Hutber - Exercise is Medicine

Loyola University (New Orleans)- represented by John Snyder, president
and founder of Artist House Music and Chair, Music Industry Studies,

Loyola University (New Orleans) and Vicky Vega, Music Therapy
Program Director

National Association of Schools of Music (NASM) – Telephone
representation -Karen Moynahan

The National Association for Music Education (MENC) – Represented by
Gary Doherty, high school band director and chair of the Health and Safety
subcommittee for the MENC Blue Ribbon Committee on Marching Band
Standards.

American Medical Society for Sports Medicine (AMSSM) - represented by
Dr. Patrick Morris, sports medicine and family medicine physician at the
University of Minnesota supporting both the athletics teams and the
Minnesota Orchestra, and a practicing trombonist.

New Orleans Musicians Clinic – represented by Bethany Bultman (also a
member of PAMA)

All organizations are asked to cover their air transportation costs.

**A \$250 honorarium will be presented to each out of town member at
the meeting to defray hotel and incidental costs.**

**Friday dinner (ACSM) and Saturday lunch (Loyola University) will be
covered by the meeting hosts.**

**Any questions: Contact Randy Dick at 317 566-0618 (home) or
Hampton Inn on Friday night (I should be checked in by 5:30pm) or
Susan Dempsey, assistant to John Snyder at [504 865 -3984](tel:5048653984)**

Hotel reservation:

Make individual hotel reservations at Hampton Inn, 3636 St. Charles Ave,
New Orleans by calling (504) 899.9990 before September 21. Group rate
of \$129 using the Loyola Arts and Athlete group name.

Transportation from airport:

Airport Shuttle is \$15 per person. Taxis are \$33 from the airport to the hotel for 1 or 2 people and \$14 per person for 3 or more.

Cannon's (Friday Night Dinner)

Local meeting attendees - please meet us at Cannons at 7 pm Friday October 2 for dinner. Please email Randy (rwd4969@yahoo.com) or 317 566-0618 if you cannot make it.

Vision – Integrate the science of sports medicine and music to mutually benefit both areas.

ATHLETES IN THE ARTS is an initiative of the American College of Sports Medicine and the Center for Music Arts Entrepreneurship, Loyola University (New Orleans), focused on linking the sports medicine and musician community through collaborative exchange and application of wellness, training and performance research and initiatives. This program is committed to the belief that athletes exist throughout the performing arts community and that the training, wellness techniques and resources of sport athletes can benefit artists' general health and performance. Similarly, the athletic and general population can gain from principles primarily applied within the performing arts arena. ***INVEST IN YOURSELF.....*** A key component of this initiative is incenting performing artists to invest some time in personal wellness to supplement the commitment to their performance skill. This investment will enhance and prolong careers and stimulate creativity in the application of musical techniques for the athletic and general populations.