



The Performing Arts Medicine Certificate Course

WHAT

The Essentials of Performing Arts Medicine is a two-day, multidisciplinary continuing professional development course offered by the PAMA Education Committee. Designed to meet the professional interests and career goals of both clinicians and educators, this course will highlight specific opportunities and techniques for education, assessment, prevention, and treatment in response to various arts-specific health concerns. Collectively, research-informed lectures will engage participants on specific health concerns relating to problems that are unique to performing artists.

WHO

The Essentials of Performing Arts Medicine course invites medical and health professionals, and performing artist educators to participate.

HOW

To receive the certificate, participants need to complete both the introductory and the Level 1 components of the two day, in-person multidisciplinary course and pass a specialized exam at the end of the 2nd day.

CONTENT

The course delivers specific information and techniques tailored to address the unique health concerns affecting performing artists. The introductory day (Day 1) presents an overview of health issues specifically affecting performing artists, their causes, and common strategies for managing these health conditions. On Day 2 (Level 1) the information is extended to specific occupational and professional groups. Health professionals will learn the physiological demands of performance, and to apply specialized assessment techniques (the Dancer, Instrumentalist, Vocalist and Actor – D.I.V.A. – pre-participation protocol). For artist and arts educators, Day 2 will address optimizing health and well-being for the different groups of arts and arts educators (tailored for dance, instrumental music, and vocal performance).

AVAILABILITY

Annually at the PAMA Conference, and available upon request through contacting: pama@artsmed.org

FEE

For the fee schedule please contact: pama@artsmed.org

PAMA considers this a living program; as such it will continue to evolve in years to come.